

The Invention Claimed Is:

1. An undergarment for relieving discomfort caused by swollen tissue ailments comprising:

a body portion;

a crotch portion; and

a belt portion configured to separate said swollen tissue from non-swollen tissue.

2. The undergarment of claim 1, wherein said belt portion comprises:

first and second belt portions attached to said body portion, said first belt portion being attached to one side of said body portion and said second belt portion being attached to the other side of said body portion.

3. The undergarment of claim 2, wherein said first and second belt portions each comprise:

a plurality of frictional members located in the proximity of the end of each of said first and second belt portions.

4. The undergarment of claim 1, wherein said belt portion comprises:

at least one strip of material having first and second ends which act to separate said swollen tissue from said non-swollen tissue.

5. The undergarment of claim 4, wherein said first and second ends each comprise:

a plurality of frictional members that enhance the separation action of said belt portion.

6. The undergarment of claim 1, wherein said undergarment further comprises:

a first pocket portion configured to hold a first swollen tissue treatment device in close proximity with said swollen tissue.

7. The undergarment of claim 6, wherein said first pocket portion is attached within said undergarment to be aligned with an area of a person's body for treatment of swollen tissue resulting from an episiotomy.

8. The undergarment of claim 6, wherein said first pocket portion is attached within said undergarment to be aligned with an area of a person's body for treatment of swollen tissue resulting from hemorrhoids.

9. The undergarment of claim 6, wherein said first pocket portion comprises:

an absorbent material that absorbs condensation that may form from a treatment device inserted into said first pocket portion.

10. The undergarment of claim 6, wherein said first pocket portion comprises:

a fluid retention material that prevents condensation that may form from a treatment device inserted into said first pocket portion from being applied to clothing of a person wearing said undergarment.

11. The undergarment of claim 6, wherein said undergarment further comprises:

a second pocket portion configured to hold a second swollen tissue treatment device in close proximity with said swollen tissue.

12. The undergarment of claim 11, wherein said first pocket portion is attached within said undergarment to be aligned with an area of a person's body for treatment of swollen tissue resulting from an episiotomy, and said second pocket portion is attached within said undergarment to be aligned with the body for treatment of swollen tissue resulting from hemorrhoids.

13. Apparatus for relieving discomfort caused by swollen tissue ailments comprising:

at least one strip of material having first and second ends, said strip of material having one side that includes an adhesive applied at least to said first and second ends, said strip and said adhesive, when applied to a person's body, acting to separate said swollen tissue from non-swollen tissue.

14. The apparatus of claim 13, wherein said at least one strip of material comprises:

a first strip of material having third and fourth ends, said first and third ends being the same end; and

a second strip of material having fifth and sixth ends, said second and fifth ends being the same end.

15. The apparatus of claim 14, wherein adhesive is absent from a portion of said first strip of material between said third and fourth ends.

16. The apparatus of claim 14, wherein said third end comprises:

a plurality of frictional members that enhance said separation caused by said first and second strips of material.

17. The apparatus of claim 14, wherein adhesive is absent from a portion of said first strip of material between said fifth and sixth ends.

18. The apparatus of claim 14, wherein said fifth end comprises:

a plurality of frictional members that enhance said separation caused by said first and second strips of material.

19. The apparatus of claim 13, wherein adhesive is absent from a portion of said strip of material between said first and second ends.

20. The apparatus of claim 13, wherein said first and second ends each comprise:

a plurality of frictional members that enhance said separation caused by said strip of material.

21. The apparatus of claim 14, wherein said first and second strips of material are each pre-formed pieces of material configured such that, when applied to a person's body, they separate the buttocks to relieve discomfort caused by hemorrhoids.

22. A method of relieving discomfort caused by swollen tissue ailments comprising:

applying material to a portion of a person's body such that said material acts to separate said swollen tissue from non-swollen tissue.

23. The method of claim 22, wherein said applying comprises:

putting on an undergarment configured to include said material fixed into said undergarment.

24. The method of claim 23, wherein said undergarment includes at least one pocket portion formed therein, said pocket portion being configured to accept a treatment device and to maintain alignment between said treatment device and an area proximal to said swollen tissue.

25. The method of claim 24, wherein said pocket portion is configured to treat discomfort resulting from an episiotomy.

26. The method of claim 24, wherein said pocket portion is configured to treat discomfort resulting from hemorrhoids.